

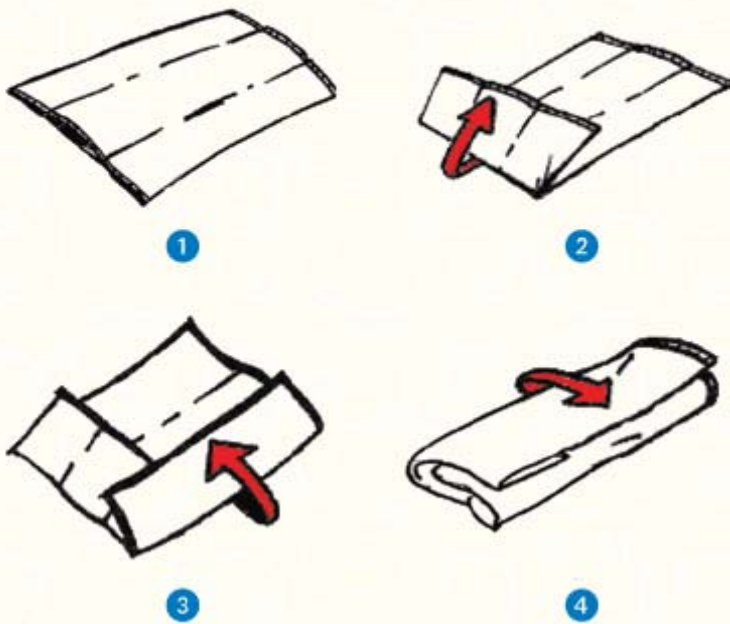
## HOW TO FOLD A PREFOLD DIAPER !

Prefolds are made of 100% certified organic twill, and they are wonderfully thick and thirsty! The small and large sizes are 4 x 8 x 4 ply, while the preemie size is 2 x 6 x 2 ply. Prefolds are extremely versatile and can be folded in different ways to make sure there is ample absorption where it is needed.

### BASIC FOLD



### FOR MAXIMUM ABSORBENCY IN THE FRONT

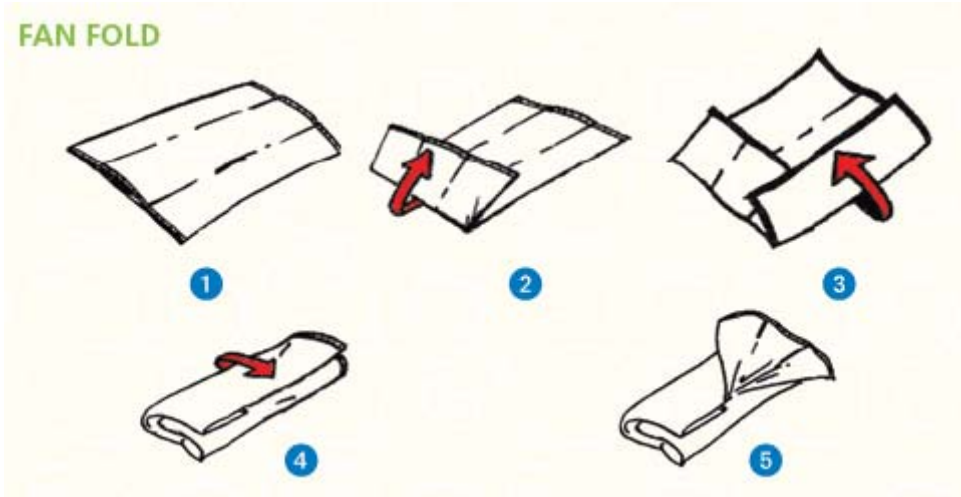


### TIPS

1. Make sure that the diaper and liner are completely contained inside the diaper cover. Any bit of diaper left outside of the waterproof cover can cause leaking.
2. Do not tuck your diaper into the front flap on the inside of the diaper cover, as this flap is meant to prevent leaking through the sewing line.
3. Be sure the diaper cover is fastened snugly enough so that it fits well and does not sag. Saggy diapers may leak!
4. Use the fan fold for runny newborn poop. And don't be afraid to try out the bikini twist! It may take a few tries to master it – but it also works really well for runny poop.

Try the following two folds with newborn babies and beyond! They will contain runny poop.

### FAN FOLD



### BIKINI TWIST

Lay diaper flat on diaper cover, and place baby on top. Grab the bottom right corner with your left hand, and the bottom left corner with your right hand (so that your arms are crossed). Uncrossing your arms will twist the diaper in the middle. Bring the front half of the diaper up to the baby's tummy and fasten the diaper cover. Any excess diaper can be folded down in order to fit within the cover.

